



Corrections Fatigue to Fulfillment

Instructor: Rae Forseth



Purpose: Addresses psychological challenges experienced by correctional employees due to workplace stressors and ways to overcome them. The course then proceeds to describe useful and effective self-care tools as well as organizational strategies that optimize employee well-being and help create and sustain a positive organizational climate.

The specific areas that will be examined are:

- ✓ Participants will recognize emotional and cognitive workplace challenges experienced by correctional employees.
- ✓ Participants will be able to define Corrections Fatigue™.
- ✓ Participants will recognize behaviors that contribute to Corrections Fatigue™ in corrections employees.
- ✓ Participants will be able to connect Corrections Fatigue™ to existing psychological trauma literature.
- ✓ Participants will be able to explain the psychological needs known as “The Big Seven” and their relationship to the signs of Corrections Fatigue™,
- ✓ Participants will utilize the ABC model to give examples of individual strategies that promote Corrections Fulfillment by emphasizing individual wellness.

Who should attend: All Employees

Date: October 26, 2012 (Friday)
Time: 8:00am - 12:00pm
Location: Pine Hills Youth Correctional Facility
4 North Haynes Ave
Miles City, Montana

≡ Registration ≈

Contact

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DOC Staff are required to get approval from supervisor(s) and complete a training request form.

IF ADEQUATE NUMBERS ARE NOT REGISTERED THE CLASS WILL BE CANCELLED

The Department of Corrections will make reasonable accommodations for persons with disabilities who wish to participate in this training or need an alternative accessible format of this notice or related material. If you require accommodations, please contact Geri Mason, DOC Training Center, 442 Golf Course Rd, Deer Lodge, Montana, at 406-846-1320 ext 2307; fax # (406) 846-1484; or gmason@mt.gov.